

Come walk in support The Down Syndrome Association of Orange County

One of my favorite things about Facebook is reconnecting with people that I knew and liked, say 20 years ago, but had lost touch with. Scott is a perfect example of a good Facebook re-Friending experience. He and I worked at Kentucky Fried Chicken together and, for a brief time, we were friends. (Read about our [KFC days here](#). Warning: includes gross biscuit / bandaid story.)

Mostly what I remember about Scott was him instigating some pretty wicked chicken skin food fights at closing time, his fun spirit, and all of us hanging out at Bob's Big Boy after work. Here is Scott at Bob's in Huntington Beach—oh, about two decades ago.

****sigh Bob's Big Boy****



Once Scott and I reconnected, we instantly hit-it-off Facebook

style: spastically giving each other the thumbs up and commenting on each other's obscure '80s references and status updates laden with sarcasm and cheer.

Scott has a daughter, named Sadie, who was born with Down Syndrome. I've never met her before, or any of Scott's family for that matter, but can't help but LOVE this little girl. Just look at her...



My family and I are walking with Scott's family on Nov. 8th at Angeles Stadium for the Down Syndrome Association of Orange County's Buddy Walk. After the actual walk portion of the event, we get to hang out on the field and in the dugouts, eat hot dogs AND, guess who is the musical guest?...you're never going to guess...go ahead, try...give up? The English Beat will be performing on the field! The English Beat!

How fitting.

If you want to join Sadie's team and walk with us, please head over to the [Team Page for the details](#) and sign up. We promise not to start a food fight. (Right Scott?). Or, if you just want to sponsor me you can do that by going to my [MY WEBPAGE](#) on the DSA/OC' web site.

God Bless Facebook and all its wonderful powers.