

Friday five: Best thing I ever ate (OC Edition)



1.) **Eggplant Parmesan** at the Andrea Restaurant at Pelican Hill: This dish is unique, fresh and, not that this really counts, but downright adorable. Served in its own cast iron skillet, you'll find yourself scrapping the sides to get ever bit of caramelized cheese and I would not judge you for that. Probably one of the best things I've ever eaten, like EVER. [The Andrea](#), unsure on price.



2.) **Togarashi Edamame Beans at The Lazy Dog Cafe**. I never thought I'd have such strong feelings about a bean, but these aren't just any beans. Chef Gabe has coated them with chili flakes, loads of ginger and garlic and then the deal-sealer, orange peels. I honestly can say this dish one of my all-time favorites. All that plus it's fun to say: Togarashi Edamame! Try it. Lazy Dog Cafe, [\\$4.50](#)



3.) **Roast Beef Sandwich at "A" Market**. You might miss A Market if you're speeding down PCH, it's at that corner, the one where you turn from PCH to Newport Ave, right next to A Restaurant. You have to stop in to the quaint and sophisticated market and try their Roast Beef Sandwich. Everything meticulously placed between the Ciabata is fresh and tasty. The horseradish Havarti cheese is spicy, the watercress is crispy, the tomato is cold and juicy and the roast beef is just heartbreakingly peppery and tender. It's a "I don't even like roast beef, but I love this sandwich" kind of roast beef sandwich. A Market, [\\$8.25](#)

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4.) **Blackened Chicken Taco at Taco Mesa.** One of my favorite places to eat in OC is Taco Mesa. With four funky, friendly eateries around the county you've probably tried it at least once. Sometime I wake up craving their blackened chicken tacos and have to track one down. "Healthy Authentic" is their motto and this little number exemplifies it. It's a mystery what their blend of cheeses is or how they make their white cream sauce, but couple them up with the cabbage relish and you're set for the best taco ever. Taco Mesa, [\\$3](#).

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5.) **Crispy Tofu Salad at Tangaroa Terrace at The Disneyland Hotel.** If you're looking for a healthy meal while visiting Disneyland Resort, look no further than Tangaroa Terrace at the Disneyland Hotel. Chef Toby Hollis has put together a creative, eclectic menu of "fast casual" delights and my favorite is The Crispy Tofu Salad. The moment I tasted the creamy goodness of those little tofu balls plopped on top of a mixed with the crunchy veggies, I was hooked. Sit out on the patio and enjoy the salad or you can bring it over to Trader Sam's Enchanted Tiki Bar and order a cocktail to sip with your salad. Tangaroa Terrace, Crispy Tofu Salad, \$8.49

Other Friday Fives from moi.

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[Five Men Who Have My Permission to Wear Tank Tops](#) (Others are not allowed)

[My Top Five Romantic Comedies](#)